Faculty of Kinesiology

KINESIOLOGY

Bachelor of Kinesiology (BKin), Bachelor of Science (BSc)

Kinesiology involves the multidisciplinary study of human movement and function. During the course of your studies, much of your learning will occur while actively working on problems in class and during labs. Enrolling in the Kinesiology program will allow you to develop a solid kinesiology foundation from which you can build a specialized degree that allows you to explore your interests and career goals.

Did You Know?

The Faculty of Kinesiology offers more than 70 diverse practicum placements to students seeking hands-on experience. Students are given the opportunity to translate theory into practice for professional growth and development under the guidance of qualified professionals.

Awards

- DARRYL AND PEGGY PROUDFOOT ENTRANCE BURSARY IN KINESIOLOGY - UP TO $2,500
- CHANCELLOR’S CLUB SCHOLARSHIP - UP TO $10,000 (RENEWABLE)

Job Titles

- ATHLETIC DIRECTOR
- CORPORATE FITNESS CONSULTANT
- AMATEUR SPORT COACH

Student Clubs

- KINESIOLOGY STUDENTS’ SOCIETY
- UNIVERSITY OF CALGARY OUTDOOR ADVENTURES

Hayley Wickenheiser
BKin’13, MSc’16

Wickenheiser is a five-time Olympic medalist, member of the Order of Canada and was flag bearer for the Opening Ceremonies at the Sochi 2014 Winter Olympics. She was also the first woman to play full-time professional hockey in a position other than goalie.

"The Faculty of Kinesiology was the perfect fit for me. It combines excellent teaching with an outstanding selection of courses in applicable subject matter, all in an energetic, community atmosphere. I found the program was flexible enough to allow me to play and thrive as a quarterback on the Dinos football team.

Andrew B., BKin’16"

View Program Requirements

1. Visit ucalgary.ca/future-students/undergraduate/explore-programs
2. Select your program
3. Select your type of admission (high school or transfer)
4. Choose the location of your high school

Sample First-Year Courses

**FALL**

- Human Anatomy and Physiology I (KNES 259)
- Activity: Essence and Experience (KNES 201) or Activity: Health, Fitness, and Performance (KNES 203)
- Introduction to Motor Control and Learning (KNES 251) or open option
- Introduction to Research in Kinesiology (KNES 213), Introduction to Socio-Cultural Aspects of Sport (KNES 244) or open option
- Introduction to Statistical Inquiry (STAT 205), Introduction to Research in Kinesiology (KNES 213) or open option

**WINTER**

- Human Anatomy and Physiology II (KNES 260)
- Activity: Essence and Experience (KNES 201) or Activity: Health, Fitness, and Performance (KNES 203)
- Introduction to Exercise and Sport Psychology (KNES 253)
- Introduction to Research in Kinesiology (KNES 213) or open option
- Introduction to Statistical Inquiry (STAT 205), Introduction to Research in Kinesiology (KNES 213) or open option