Faculty of Kinesiology

MIND SCIENCES IN KINESIOLOGY

Bachelor of Kinesiology (BKin), Bachelor of Science (BSc)

Mind science is the study of the neural, cognitive and psychosocial concepts to try to understand human behaviour in physical activity, sport and health. During the course of your studies, much of your learning will occur while working on problems in class and during labs. You’ll learn approaches that researchers and practitioners in these fields use to describe, explain, predict and manage human behaviour.

Did You Know?

The Kinesiology Students’ Society organizes multiple social events and academic programs including: a Mentorship Program, Kindustry, Kin Camp, tutorials, dodgeball games and fundraisers.

Awards

BUILDING ON THE VISION SCHOLARSHIP - UP TO $5,500
CHANCELLOR’S CLUB SCHOLARSHIP - UP TO $10,000 (RENEWABLE)

Job Titles

COMMUNITY HEALTH COORDINATOR
COUNSELLOR
HEALTH AND FITNESS CONSULTANT

Student Clubs

KINESIOLOGY STUDENTS’ SOCIETY
HEALTH AND WELLNESS CLUB

Meika Stewart
BKin’12

As a certified personal trainer with the Health and Wellness Lab, Stewart works primarily with the Prostate Cancer Canada and ENHANCE trials. She loves finding creative ways to work around obstacles in order to keep participants engaged and motivated in pursuing their lifestyle, health and fitness goals.

View Program Requirements

1. Visit ucalgary.ca/future-students/undergraduate/explore-programs
2. Select your program
3. Select your type of admission (high school or transfer)
4. Choose the location of your high school

Sample First-Year Courses

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<tr>
<th>FALL</th>
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<tbody>
<tr>
<td>Human Anatomy and Physiology I (KNES 259)</td>
<td>Human Anatomy and Physiology II (KNES 260)</td>
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<tr>
<td>Introduction to Motor Control and Learning (KNES 251)</td>
<td>Introduction to Exercise and Sport Psychology (KNES 253)</td>
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<tr>
<td>Activity: Essence and Experience (KNES 201) or Activity: Health, Fitness and Performance (KNES 203)</td>
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<tr>
<td>Principles of Psychology I (PSYC 200)</td>
<td>Principles of Psychology II (PSYC 201)</td>
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<td>Introduction to Research in Kinesiology (KNES 213), Introduction to Socio-Cultural Aspects of Sport (KNES 244) or Introduction to Statistics I (STAT 213)</td>
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Jane R., kinesiology student

I was attracted to the Faculty of Kinesiology because I believe it is becoming increasingly important to educate others on how being physically active affects health. One of the best parts about studying Kinesiology at UCalgary are the lab facilities that undergraduate students have access to, such as the cadaver lab and the exercise physiology lab.

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