Faculty of Kinesiology

LEADERSHIP IN PEDAGOGY AND COACHING

Bachelor of Kinesiology (BKin)

Leadership in pedagogy and coaching examines the foundations for leadership in physical activity in schools and other settings such as recreation and coaching. During the course of your studies, much of your learning will occur while working on problems in class and during labs. You’ll learn concepts to help others learn physical skills and activities that can be used in leisure and recreation, fitness and rehabilitation, competitive sports and elite personal challenges.

Did You Know?

The Faculty of Kinesiology and the Werklund School of Education offer a five-year concurrent Bachelor of Kinesiology/Bachelor of Education in Physical Education.

Awards

DARRYL AND PEGGY PROUDFOOT ENTRANCE BURSARY IN KINESIOLOGY - UP TO $2,500
CHANCELLOR’S CLUB SCHOLARSHIP - UP TO $10,000 (RENEWABLE)

Job Titles

COMMUNITY ACTIVITY LEADER
AMATEUR SPORT COACH
PERSONAL FITNESS CONSULTANT

Student Clubs

RIGHT TO PLAY HEALTH AND WELLNESS CLUB

Tom Otjes
BPE’83

Otjes used his education and lengthy experience as an acrobatics coach in Calgary as a launch pad, seizing the opportunity to be coach of the Cirque du Soleil ‘O’ show in Las Vegas 17 years ago. He is now senior head coach for Cirque’s resident shows.

Sample First-Year Courses

FALL

Human Anatomy and Physiology I (KNES 259)
Activity: Essence and Experience (KNES 201) or Activity: Health, Fitness and Performance (KNES 203)
Introduction to Motor Control and Learning (KNES 251) or open option
Introduction to Research in Kinesiology (KNES 213), Introduction to Socio-Cultural Aspects of Sport (KNES 244) or open option
Introduction to Statistical Inquiry (STAT 205), Introduction to Research in Kinesiology (KNES 213) or open option

WINTER

Human Anatomy and Physiology II (KNES 260)
Activity: Essence and Experience (KNES 201) or Activity: Health, Fitness, and Performance (KNES 203)
Introduction to Exercise and Sport Psychology (KNES 253)
Introduction to Research in Kinesiology (KNES 213) or open option
Introduction to Statistical Inquiry (STAT 205), Introduction to Research in Kinesiology (KNES 213) or open option

View Program

1 Visit ucalgary.ca/future-students/undergraduate/explore-programs
2 Select your program
3 Select your type of admission (high school or transfer)
4 Choose the location of your high school

The Art of Coaching course provided many opportunities to learn not only how to be a coach, but how to be a leader and role model. It is hard to put into words what the class, classmates and instructors did for me. They helped me find a new confidence in myself and pushed me to do things that I didn’t think I was capable of.

Sydney S., kinesiology student